

Comprehensive aid to victims of domestic and sexual violence and their loved ones

Implementation: **August 2014 – April 2016**

A new project called “**Comprehensive aid to victims of domestic and sexual violence and their loved ones**” and being run by Persefona, o. s. has been **supported by a grant from Iceland, Lichtenstein and Norway as part of the EEA Grants**.

Thanks to this support, we can focus over the next *21 months* on developing services for victims of domestic and sexual violence that are based on self-help and on victims strengthening their own competences, as well as broadly informing the lay public and professionals about this topic.

One activity of the project is our **self-help groups**, based on the principles of empowerment and self-help. These groups can be a supportive force for our clients, as they create a feeling of solidarity, provide a safe space in which to exchange information, become a resource for engaging in self-reflection, and strengthen our clients’ personal competences.

Another group activity during this project will be the implementation of several **group meetings of an educational nature for women who are victims of violence**, during which our clients will have the opportunity to develop their artistic and communications skills and to educate themselves in the use of information technology such as the basics of Internet use and the MS Word program.

Another part of the project is our **therapeutic activities for women who are victims of domestic and sexual violence and for children who witness domestic violence**. Therapy for women who are victims of domestic and sexual violence will be implemented through group therapy sessions and children will be provided with therapy by a children’s (clinical) psychologist.

Last but not least, the purpose of this project is to **develop the professionalism of and expand the services provided by Persefona o. s.**, consisting of legal, psychological and social work counseling to victims of domestic and sexual violence and their loved ones. Staffers at Persefona o. s. will focus, both individually and as a team, on their own further professional development and on their own training in new knowledge and skills. An important component of the development of the whole organization will be a **study visit with our Norwegian project partner**, the *Fellesskap mot seksuelle overgrep* (FMSO), which bases its work in the ideology of emancipation and self-help. The experiences and information acquired during our visit to the counseling facilities associated with the FMSO in Bergen, Oslo and Trondheim and the sharing of best practices will support the development of services that are oriented in this way in the Czech Republic.

The project as a whole will feature **promotion of the topic of domestic and sexual violence** and informing the lay public and professionals about it, primarily, informing the victims of violence and their loved ones about the provision of services and specific solutions to their difficult life situations.

Komplexní pomoc obětem domácího a sexuálního násilí a jejich blízkým

Podpořeno grantem z Islandu, Lichtenštejnska a Norska v rámci EHP
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Persefona z. s. poskytuje odborné sociální poradenství obětem domácího násilí, sexuálního zneužívání a znásilnění.
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We will keep you informed about the activities we engage in as they occur.

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